

## February 18-19, 2006

### Michigan State High School Championships

### Central Collegiate Ski Association Regional

These are two separate races being held on the same days at the Tech Trails.

**High School:** The Michigan State High School Championships includes two races on Saturday and a sprint race on Sunday. Skiers will complete a 5-km classic race in the morning and a 5-km freestyle race later in the afternoon.

**College:** The CCSA Regional Championship includes a classic race on Saturday and a freestyle race on Sunday. Top finishers will advance to the NCAA Championships.

**Important Racer Information:** The courses are open to the racers beginning at 8 am on Saturday and 7:30 am on Sunday. **Warm-up loops** are located on the west side of the trail system. Follow Birch trail to warm up and to access the wax test hill. **Bibs:** Coaches will have bibs for their teams. Open skiers may pick up bibs at the trailhead.

**Start times** for the individual start events will be posted in the Boss Snowplow Nordic Wax Center and at the warming-hut adjacent to the stadium area. **Results** will be posted in the same places within a half-hour of the end of the race. All results will be on [www.keweenawtrails.com](http://www.keweenawtrails.com) at the end of the day.

#### Saturday, February 18, 2006

**NO SKATING ON TRAILS BY ANYONE UNTIL LAST CLASSIC RACE IS OVER.**

**10 am** College/Open women's 5-km classic individual start  
HS girls will follow 10 minutes after the last college athlete

**11 am** HS boys 5-km classic individual start

**Course closed** for grooming after the last HS boy finishes

**1:30 pm** College/Open men's 10-km classic individual start

**Course closed** after last college/open men's finisher

**3:30 pm** HS girls 5-km freestyle pursuit start

**4:30 pm** HS boys 5-km freestyle pursuit start (time approximate)

**5:30 pm** College CCSA athlete/coach banquet, Memorial Union Ballroom

#### Sunday, February 19, 2006

**9:00 am** College men's 15-km freestyle mass start

**10:30 am** College women's 10-km freestyle mass start

**Noon** HS girls and boys classic sprints. Girls qualification, then boys.  
Semi-finals will be three heats of six for each gender  
Top two in each heat advance to final

**12:30 pm** College awards and buffet at Library restaurant

**After Sprints** High School Awards at the Student Development Complex

**Restrooms:** There are restrooms in the Gates Tennis Center and the Student Development Complex. There are portajohns located at the trailhead and in the vicinity of the groomer building. **Showers** are available in the Student Development Complex.

**Awards:** The college awards will be presented Sunday, Feb. 19, at the buffet at the Library Restaurant in downtown Houghton.

**Waxing:** The Boss Snowplow Nordic Wax Center is indicated on the map and open 24 hours a day for skiers and coaches.

**Public Skiing:** Isle Royale and Superior Loops are open to the public and accessible via the parking lot at the MTU softball fields, west of the trailhead road. The Pilgrim Road trails are also open, accessible via the parking lot off Pilgrim Road. The main Michigan Tech trail system is closed to the public from Saturday morning until the conclusion of the sprints on Sunday.

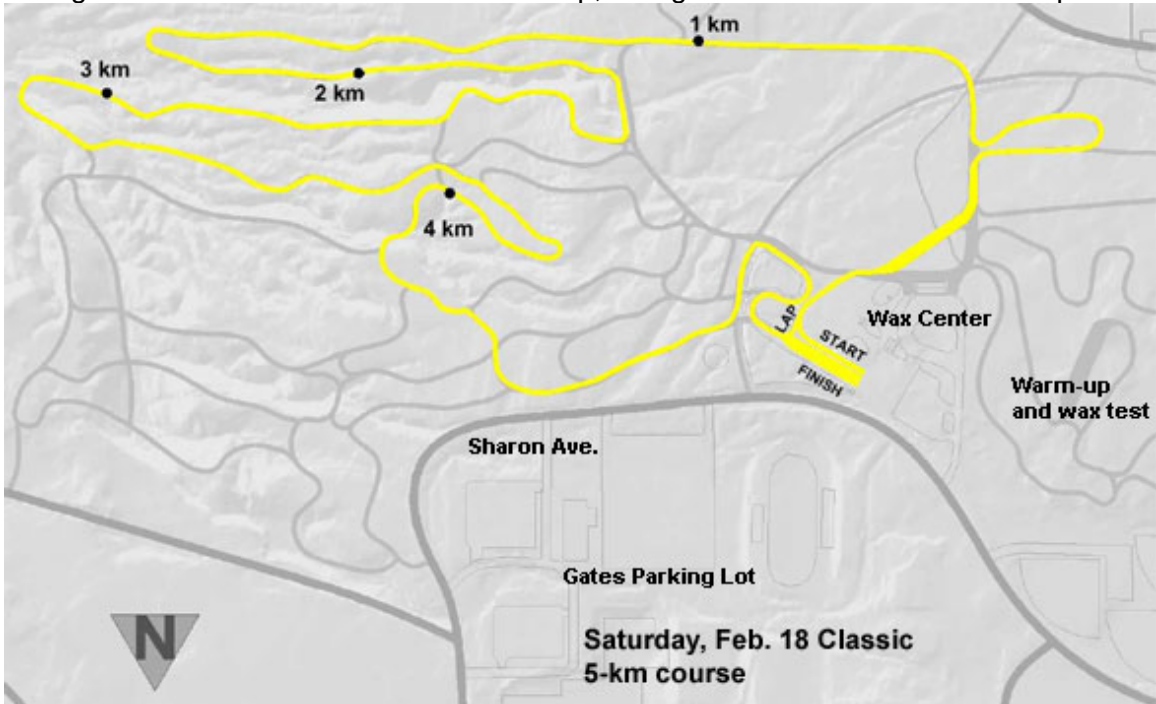
**Spectators are welcome!** See the spectator maps for vantage points. **No spectators are allowed on the race courses.**

**Questions:** Below is a list of the responsible person for each area. Anyone you see with a radio can contact that person for you.

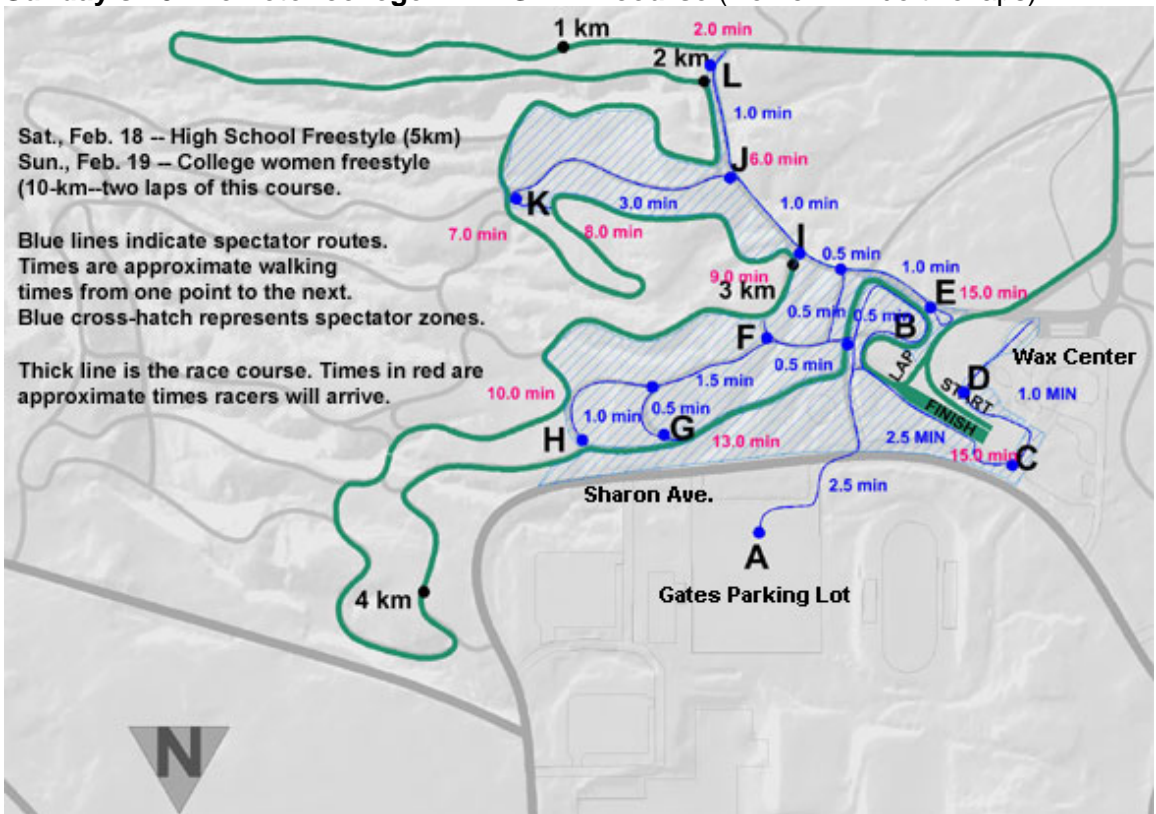
**Race Officials:**

Chief of Competition:	Jim Tervo
Assistant Chiefs of Comp:	Doug Oppliger (HS) and Joe Haggemiller (CCSA)
Race Secretary:	Andy Burton
Stadium:	Craig Hughes
Timing:	Brenda Helminen
Grooming/Course:	Jeff Parker
Course Access Control:	Mark Sherman
Medical:	Jon Neufeld
Security:	Liz VanHeusden

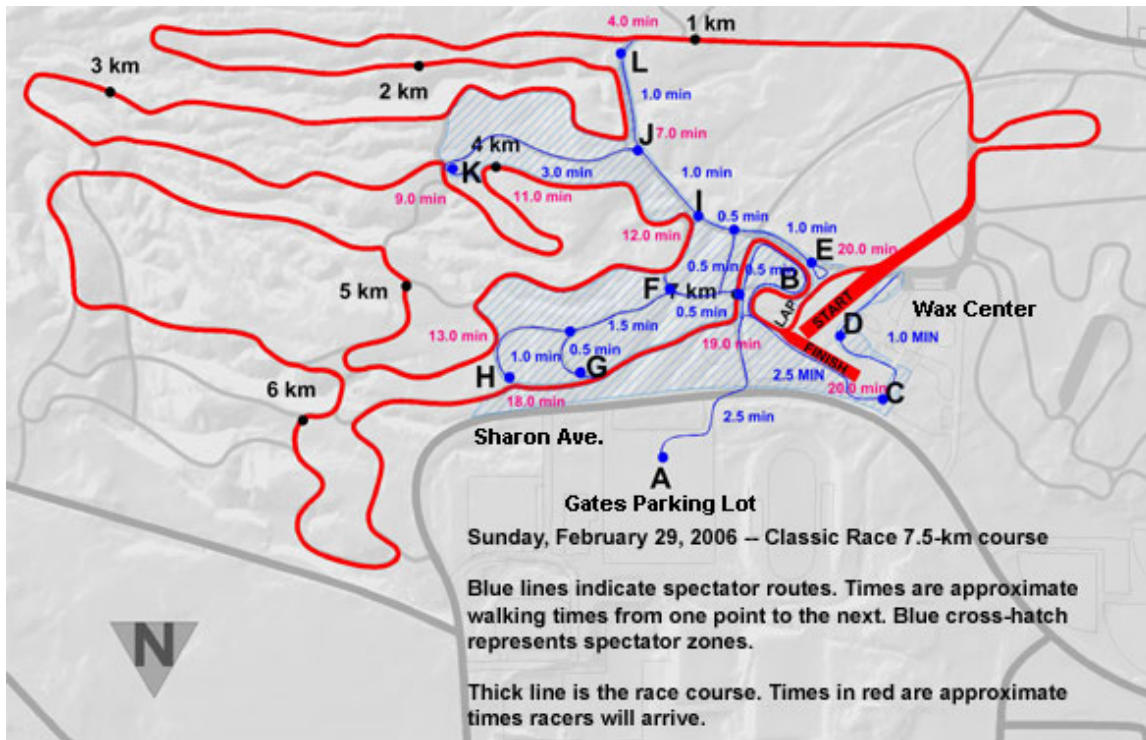
**Saturday's 5-kilometer CLASSIC course** used for HS and college races on Saturday. College women and HS skiers will ski one lap; college men will ski 10-km—two laps.



**Saturday's 5-kilometer FREESTYLE course** used by HS racers (one lap).  
**Sunday's 10-kilometer college FREESTYLE course** (women will do two laps).



**Sunday 7.5-kilometer freestyle course.** Men will complete two laps.



**Sunday High School Sprint Course**

